

January 2021 HACSB Central County Resident Supportive Services Calendar (Santa Ynez, Buellton, Los Alamos)

Services are approved by the HA, and reviewed by the HACSB Program Coordinating Committee. Please call 925-4393 Ext. 3307 or 3308, for further information.

SERVICES

	Monday	Tuesday	Wednesday	Thursday	Friday / Saturday	
RESIDENT SERVICE SITES Site 9 (S-9) Creekside Village 260 Gonzalez Dr., Los Alamos Creekside Community Room		entive guidelines, supportive services, , have been canceled until January 31 u for your cooperation.	S-23 (CL-1) 8 AM - 5 PM S-25 (H&W-5) 11:15-12:15 PM S-21 (H&W-10) 12-1 PM S-21 (RMTG-3) 1:30-2:30 PM	Education CL = Computer Lab Services 1. Open Computer Lab		
Site 21 (S-21) GIV Senior 890 Refugio Rd, Santa Ynez Dining & Living Rm Parlor / Mailboxes	*******					 Basic Computer Class & Genealogy Reasearch Access Open Library Virtual Reality AHC = Allan Hancock College
Site 22 (S-22) GIV Senior 890 Refugio Rd, Santa Ynez Conference Room	S-23 (CL-1) 8 AM - 5 PM S-25 (H&W-11) 10-12:00 PM S-21 (H&W-10) 12-1 PM S-21 (RMTG-3) 3-5 PM S-21 (RMTG-3) 4:30 PM	S-23 (CL-1) 8 AM - 5 PM S-29 (H&W-13) 11:30-12:30 PM S-21 (RMTG-3) 1:30-2:30 PM	6 S-23 (CL-1) 8 AM - 5 PM S-21 (H&W-15) 9-10 AM S-22 (LSHI-2) 1:00 PM S-29 (RMTG-3) 9-10 AM S-21 (H&W-10) 12-1 PM	7 S-23 (CL-1) 8 AM - 5 PM S-29 (RMTG-3) 9-10 AM S-21 (H&W-15) 9-10 AM S-29 (RMTG-3) 1-2 PM	8 S-23 (CL-1) 8 AM - 5 PM S-25 (H&W-5) 11:15-12:15 PM S-21 (H&W-10) 12-1 PM S-21 (RMTG-3) 1:30-2:30 PM	ESL Into to English B FDIC = Money Smart FDIC Online Financial Literacy Class Legal Services & Health Insurance
Site 23 (S-23) GIV Family 890 Refugio Rd, Santa Ynez Family Community Rm/Comp Lab Site 24 (S-24) GIV Senior						LSHI= Legal Services & Health Insurance 1. Miles Lang - Legal Services I hr sign ups 2. Carol - Health Insurance 1/2 hr sign ups Health & Wellness
890 Refugio Rd, Santa Ynez East Lounge Upstairs/Parlor Library & Library Lounge Site 25 (S-25) GIV Senior 890 Refugio Rd, Santa Ynez Clinic Room Site 26 (S-26) GIV Senior	11 S-23 (CL-1) 8 AM - 5 PM S-25 (H&W-11) 10-12:00 PM S-21 (H&W-10) 12-1 PM S-21 (RMTG-3) 3-5 PM S-21 (RMTG-3) 4:30 PM	S-23 (CL-1) 8 AM - 5 PM S-29 (H&W-13) 11:30-12:30 PM S-21 (RMTG-3) 1:30-2:30 PM	13 S-23 (CL-1) 8 AM - 5 PM S-21 (H&W-15) 9-10 AM S-22 (LSHI-2) 1:00 PM S-29 (RMTG-3) 9-10 AM S-21 (H&W-10) 12-1 PM	14 S-23 (CL-1) 8 AM - 5 PM S-29 (RMTG-3) 9-10 AM S-9 (PHP-1) 10-11 AM S-21 (H&W-15) 9-10 AM S-29 (RMTG-1) 1:00-2:00 PM	15 S-23 (CL-1) 8 AM - 5 PM S-25 (H&W-5) 11:15-12:15 PM S-21 (H&W-10) 12-1 PM S-21 (RMTG-3) 1:30-2:30 PM	H&W = Health & Wellness Services 1. Brown Bag Program 2. MFP Food Distribution 3. Food Distribution Volunteer Meeting 4. VNHC Blood Pressure Chks/Public Health 5. Dr. Hazard Chiropractic Care 6. Hair By Carmen sign up sheet downstairs 7. Fitness / Work Out with Orlando
890 Refugio Rd, Santa Ynez Fitness Room Site 27 (S-27) GIV Senior 890 Refugio Rd, Santa Ynez Beauty Salon	18 DANY	19 S-23 (CL-1) 8 AM - 5 PM S-29 (H&W-13) 11:30-12:30 PM S-21 (RMTG-3) 1:30-2:30 PM	20 S-23 (CL-1) 8 AM - 5 PM S-21 (H&W-15) 9-10 AM S-22 (LSHI-2) 1:00 PM S-29 (RMTG-3) 9-10 AM S-21 (H&W-10) 12-1 PM	21 S-23 (CL-1) 8 AM - 5 PM S-29 (RMTG-3) 9-10 AM S-21 (H&W-15) 9-10 AM S-29 (RMTG-1) 1:00-2:00 PM	22 S-23 (CL-1) 8 AM - 5 PM S-25 (H&W-5) 11:15-12:15 PM S-21 (H&W-10) 12-1 PM S-21 (RMTG-3) 1:30-2:30 PM	8. Yoga / TAI-CHI/Balance 9. Healthy Living Alternatives 10. Chef Bethany: Breakfast - Lunch - Dinner 11. Massage with Mattie 12. Line Dancing 13. Gentle Stretch 14. Foot Clinic
Site 28 (S-28) GIV Senior 890 Refugio Rd, Santa Ynez Computer Lab	Office Closed					15. Walking Club 16. Megan Talks SBPH = Santa Barbara Public Health 1. Flu Shots SYV - PHP = People Helping People
Site 29 (S-29) GIV Senior 890 Refugio Rd, Santa Ynez Arts & Crafts Center	25 S-23 (CL-1) 8 AM - 5 PM S-23 (MFP) 3-4 PM S-21 (H&W-10) 12-1 PM S-21 (RMTG-3) 1:30-2:30 PM	S-23 (CL-1) 8 AM - 5 PM S-29 (H&W-13) 11:30-12:30 PM S-21 (RMTG-3) 1:30-2:30 PM	27 S-23 (CL-1) 8 AM - 5 PM S-21 (H&W-15) 9-10 AM S-22 (LSHI-2) 1:00 PM S-29 (RMTG-3) 9-10 AM S-21 (H&W-10) 12-1 PM	28 S-23 (CL-1) 8 AM - 5 PM S-29 (RMTG-3) 9-10 AM S-9 (PHP-1) 10-11 AM S-21 (H&W-15) 9-10 AM S-29 (RMTG-1) 1:00-2:00 PM	29 S-23 (CL-1) 8 AM - 5 PM S-25 (H&W-5) 11:15-12:15 PM S-21 (H&W-10) 12-1 PM S-21 (RMTG-3) 1:30-2:30 PM	1. Food Distribution Resident Services Programming RMTG = Resident Meeting or Services 1. Resident Meeting & Training
(*) Parking Lot of Complex						Resident Meeting & Training RC Officer's Meeting / Training Social Event Emergency & Awareness PHA Annual Plan